



## Manifest to be read and proclaimed on 17 May 2022, International Day Against Homophobia, Lesbophobia, Biphobia and Transphobia.

### *A proclamation for a society free of heterosexism and patriarchy.*

The IDAHO (International Day Against Homophobia) committee, which promotes the global celebration of this day, has proposed for this year the slogan "Our bodies, our lives, our rights" as the motif for our demands, and we will be using their poster designs for 2022 as visual support.

### **Our bodies, our lives, our rights!**

This is the theme for this year's global celebration of the International Day Against Homophobia presented by the IDAHO committee.

### **Our bodies, our lives, our rights!**

A great slogan under which we claim our right to live our lives openly and express our gender freely. But also to denounce the physical violence exercised on us, from the so-called conversion "therapies" to the forced sterilisation of trans and intersex people.

### **Our bodies, our lives, our rights!**

This is a slogan that also reminds us that many of us, all over the world, are still living with anti-LGBTQI phobias every day. Our bodies are our lives, and we have the right to live free and with dignity!

**Aggression, violence, censorship, repression...** These are words that we all experience far too often..

**Aggressions** - even in its simplest forms, a disgusted look or a slur yelled out of a car window must be eliminated.

**Violence** - is unacceptable and must be punished to the fullest extent of the law. **Justice must ensure that our rights are respected and protected.**



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**Censorship and repression** - exercised by any government on our way of life has been changing and must continue to change.

Education for Equality is the basis on which we will build a better society for all. Thanks for the struggle of those that came before us and those that continue to fight for our freedoms today. It is because of them that we see with hope that our identity and our rights are becoming more and more visible.

We are helped by the "pink points" that are set during festivals as points of presence, as points of respect and, unfortunately, as points of refuge and help in case of aggression.

**Refugees** come in many different forms: Refugees of War, Refugees of Injustices, Refugees of Inequality and, LGBTIQ+ Refugees. While the roads Refugees travel might be very different, the "destination" is the same; to find a better life. This day and every day, as an LGBTIQ+ community, we must be aware of the road we have travelled, of the injustices we have fought, and of the rights we have won to be standing here today.

As Refugees ourselves, we should be obligated and committed, to all those who have had to leave their countries, their homes, their culture, fleeing repression, lack of freedoms, and those who have not yet had the freedom to know their bodies, their lives, their rights.

This is why it is essential to be people of solidarity and always help those in need, wherever they are from or whatever may be the reason for their flight, because there are no second class citizens.

**Phobia** in any form: Homophobia, biphobia, transphobia, lesbophobia are discriminatory and exclusionary attitudes, based on prejudices.

Phobias and Prejudices are built on stereotypes, on stereotypical models and behaviors and must be eliminated.

When seeking to eliminate Phobias and Prejudices, we need to look at ourselves and be careful not to perpetuate these Phobias and Prejudices onto others unintentionally.



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CONTRA LA LGTBIQ+FÒBIA:  
*DIGUES LA TEVA*



We, too, are not free from prejudice and we can only redeem ourselves by helping others, by saving those drowning on our shores, by holding hands and shouting loudly.

Our bodies matter, **OUR BODIES MATTER.**

Our lives matter, **OUR LIVES MATTER.**

Our rights matter, **OUR RIGHTS MATTER.**

For today and for tomorrow, for all of us here today and for those who will come after us: For the physical and mental health of our bodies and minds.

For today and for yesterday, for all of us here today and for those who came before us: For the positive energy of our lives and the lives that went before us.

For today and forever, for all of us and for those who cannot shout: For justice and freedom, for our rights and the rights of those who do not have them.

**I invite you to respond with “viva” at the end of each sentence.**

- We celebrate gender diversity, long live genders and hybrids. - VIVA
- We celebrate gender freedom - long live free genders and freedoms! - VIVA
- We celebrate the freedom to love. Long live free love and free lovers - VIVA
- We celebrate the power of love. Long live mighty love and the powers of love. VIVA



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